

"We believe that positive relationships are the foundation for healing and for realizing the potential in all persons."



## The Huron-Perth Centre for Children & Youth – Strategic Plan 2018-2022 – Year 4 Activities (2021-22)

... where the voices of children, youth and families influence decisions and where staff pursue quality and cultivate collaboration



#### \*HPC Definition of Quality -

"Quality is the degree of excellence related to all aspects of agency functioning as reflected in our Mission Statement. This includes, but is not limited to, overall child, youth and/or family experience; treatment provision delivered by a skilled and competent multi-disciplinary team; strong collaborative relationships with community partners and learning environment that cultivates innovation and evidence-informed practice that leads to positive outcomes for children, youth and families. In addition, quality will be maintained through effective use and reporting of public funds and in compliance with accreditation standards."

### 3 Strategic Directions

# Child/Youth/Family voice matters



The processes in place provide regular opportunities for children, youth and families to share ideas and feedback that influence decisions about programs and services.

### Quality in all we do



All staff functions and operational procedures and processes contribute to positive outcomes for children, youth and families.

#### **Cultivate Collaboration**



The value placed on relationships with others at both the individual and organizational levels for the purpose of benefiting the lives of children, youth and families with mental health concerns.



# WHERE THE VOICES OF CHILDREN, YOUTH & FAMILY MATTERS

The processes in place provide regular opportunities for children, youth and families to share ideas and feedback that influence decisions about programs and services.

Item/Objective	Strategies	Leadership	Deliverables/Indicators
Increase youth engagement	Develop procedure & process to support youth engagement in Centre planning at all levels	Management Team with Staff Ally & New Horizons	New procedure/process
	Support New Horizons in their work plan	New Horizons with CSM support	<ul> <li>A work plan that is owned by youth, supported by families, staff, board and community</li> <li>Increase the areas where youth inform decisions</li> <li>Increase the number of youth voices, especially those with lived experience</li> </ul>
	Continue to partner with Mental Health Leads/healthy school committees to engage with a broad cross section of youth, both youth leaders and those requiring supports and services, in order to reduce stigma and strengthen resiliency  Tap into support from families who want to contribute to empowering youth to become engaged	Staff Long Range Planning (LRP) with HPC staff, clients	Increase the number of youth voices especially those with lived experience
Support the growth and development of the Huron Perth Family Advisory Committee	Develop procedure/process to support family engagement in Centre planning at all levels	<ul> <li>Management Team with staff allies &amp; Huron Perth Family Advisory Committee (FAC)</li> </ul>	New procedure/process
	Channel opportunities where parents offer input to invite ongoing engagement with the Huron Perth Family Advisory Committee	CEO & CSMs with CYMH     Leadership Team, Huron     Perth Addiction & Mental     Health Alliance, Centre Long     Range Planning with any     resources from Parents for     Children's Mental Health	<ul> <li>Parents lead/contribute to Centre projects, HPA-OHT improvement projects and any projects chosen by FAC</li> <li>Feedback from surveys, consultations, other activities that engage parents is shared with relevant planning bodies</li> </ul>
	<ul> <li>Liaise with Mental Health &amp; Addiction Working Group of the HPA-OHT</li> </ul>		<ul> <li>Parents lead/contribute to HPA- OHT improvement projects</li> <li>Membership to FAC is increased</li> </ul>
Increase community awareness of the Centre	Support the use of the Centre's website and social media to promote services and education of interest to parents in order to reach families and communities to convey the Centre's vision and mission	Huron Perth Family     Advisory Committee (FAC)     with CYMH Leadership     Team, Huron Perth     Addiction & Mental Health     Alliance, Centre Long Range     Planning	Refreshed website, use of social media, educational events for parents

	<ul> <li>Liaise with Mental Health &amp; Addiction Working Group of the HPA-OHT</li> </ul>	Huron Perth Family     Advisory Committee (FAC)     with CEO	Referenced in various communications - Centre Quality Improvement Reports, CYMH E- Bulletins, HPA-OHT
	<ul> <li>Ongoing liaison with community partners through committees, collaborative projects, case work</li> </ul>	CSMs and staff	Increased visibility in community
Strive for equity of access across our service area	Use data and community     consultation to investigate new     service delivery models including:     virtual care, community hub     models, partnerships with Family     Health Teams/other organizations     that increase geographical access     to services closer to home while     maintaining quality of services     Identify barriers to service and any     strategies to increase equitable     access	New task group comprised of Board, Management, Families & Community Stakeholders	Recommendations and implementation plan including costs are presented to the Board for consideration



### **QUALITY IN ALL WE DO**

All staff functions and operational procedures and processes contribute to positive outcomes for children, youth and families.

Item/Objective	Strategies	Leadership	Deliverables/Indicators
Embed Quality Improvement in every aspect of our Centre and in our role as Lead Agency	Continue to implement accreditation standards and embed these into quality improvement plans and activities	Quality Improvement     Committee with staff, youth,     families and community     partners	Quality improvement ideas or projects for both HPC and the Mental Health planning groups are identified and linked to quality plan
	Invite families and community partners to provide input and advice regarding priorities at the agency and community level	• Clinicians	Client surveys
	Use the Child & Youth Mental Health Core Services Delivery Plan to guide the establishment of system-level outcomes	CEO with CSMs and Huron Perth Child & Youth Leadership Table & Mental Health & Addiction Working Group/HPA-OHT	Key indicators for HPC, system-level outcomes and reporting process are developed and implemented and shared with Mental Health & Addiction Working Group/HPA-OHT
Strengthen Supports to Staff	Ensure a consistent model of support through weekly team meetings & regular supervision	Clinical Services Managers	Updated procedure
	Seek recommendations regarding learning and wellness needs	Clinical Services Managers     with PD Committee and     OHS/Wellness Committee	<ul> <li>Input from committees inform decisions about professional development and wellness</li> </ul>
	Continue to cultivate a shared responsibility for healthy work environment	All staff	Positive scores in Annual OH&S survey results
Develop effective external communication strategy	Develop and implement an external communications plan that outlines the target audience(s), content, rationale for sharing information, methods and timing	CEO with leadership from youth, families and community partners	<ul> <li>Develop &amp; implement External Communication Plan</li> <li># of communications</li> <li># of audiences reached</li> </ul>
	CSM liaise with community and leadership on committees	CSMs, All staff	Attendance at community meetings
	Use of social media	CEO/Board with support	Increased social media



#### **CULTIVATE COLLABORATION**

The value placed on relationships with others at both the individual and organizations levels for the purpose of benefiting the lives of children, youth and families with mental health concerns.

Item/Objective	Strategies	Leadership	Deliverables/Indicators
Refresh protocols	Prioritize any protocols/agreements for review	CEO with Management	<ul> <li>Priority agreements are identified and reviewed</li> <li>Identify any outstanding protocols/agreements for action</li> </ul>
Facilitate collaboration at the case level through implementation of	SEA & COS is embedded in orientation to new staff	Clinical Services Managers with the SEA/COS Champions	Creation and implementation of orientation & training materials re: SEA & COS
two key frameworks: • Social	Continued support to SEA Champions		Increase # of SEA & COS     Champions
Ecological Approach (SEA)**  • Circle of Security (COS)	Integrate SEA & COS into ongoing case consultations, staff supervision and support, formalized mentorships		<ul> <li>Use of SEA &amp; COS is reflected in Clinical Record and EMHWare***</li> <li>Consultations &amp; Community of Practice sessions with Dr. Ungar, Dr Zayed, other professionals with expertise</li> </ul>
Facilitate collaboration at the systems level through implementation of SEA & COS	Continued implementation of SEA across service sectors based on shared vision with SEA Charter Members & COS Implementation Team	SEA Charter Members & COS Implementation Team with Child & Youth Mental Health Leadership Team	SEA Phase 3 implementation plan is developed and steps/activities are completed
	Foster continued mentoring with Dr.     Ungar, Dr. Zayed across the system	• CSMs	# of SEA mentees is increased
	<ul> <li>Support development of any tools, for example:         <ul> <li>Common Consent Form</li> <li>Coordinated Treatment Plan</li> <li>Primary health forms</li> </ul> </li> </ul>	CSMs with staff	Adoption of any tools across partner agencies such as common consent, coordinated treatment plans

- \*\* SEA Social Ecological Approach is an evidenced-informed practice developed by Dr. Michael Ungar that provides training in discrete skills that enhance how community partners work together and communicate to enable them to deal more effectively with clients with the most complex needs. SEA philosophies shift the focus from "fixing the kid and/or family" to creating an environment or system around the child/youth and family that builds on strengths and promotes resiliency.
- \*\*\* EMHWare Client information system used at Huron-Perth Centre (HPC)

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