

## Mental Health Therapist

Reporting to: Director of Supervision and Development and Director of Programs and Services

Location: Serving Clients in Huron & Perth Counties (Offices in Stratford, Clinton & Listowel)

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The Huron-Perth Centre is an accredited child and youth mental health centre that offers an employment experience conducive to professional growth and development for all staff. We provide children, youth, parents, caregivers, women, families, and communities with the tools and supports they need to strengthen their mental health and well-being.

**Our Vision:** Healthy relationships and wellness for all in our community.

**Our Mission:** Supporting children, youth and families on their mental health journey.

**Our Values:** positive relationships; stronger together; dignity and self-worth; equity; belonging; hope

### What's the Opportunity?

We are looking for a dedicated Mental Health Therapist who will adhere to the Centre's values and philosophies and be responsible for the development and implementation of an assessment and treatment plan in collaboration with the child, youth and caregivers. This individual will have a keen interest in continuous professional and personal growth and sit as an important member of the Huron-Perth Centre clinical team. In support of our Strategic Directions, the Mental Health Therapist will work collaboratively with colleagues and community partners in the establishment of treatment plans with the child, youth and family.

### Why Work for Us?

The Huron-Perth Centre is the lead agency for children's mental health services in Huron and Perth counties. Our team is committed to the wellness of our clients, each other and to clinical excellence. Our workplaces are brave places for staff and families. We care for our staff team by providing guidance and support, professionalism, and respect.

### Join us to:

- Work with an exceptional group of staff with the shared purpose of improving the lives of children and youth.
- Grow your clinical lens through work with a diverse team of clinicians
- Provide support to children, youth and their families
- Work closely with community partners to support the needs within our communities

### What You Will be Doing:

- Participates and contributes to the Centre's teams
- Develop and implement an assessment/treatment plan
- Employs interventions that promote healthy relationship development, adaptive coping skills and self regulation
- Collaborates with formal and informal supports as appropriate to the plan
- Provides case management and service coordination in cases where there are multiple services

- Regularly reviews progress, goals and overall treatment plan with child, youth and caregiver
- Engages in regular consultation and collaboration with other HPC staff assigned
- Facilitates group treatment services as needed
- Participates in clinical interventions in a variety of setting including but not limited to office, school, home and community settings
- Provides support and clinical mentorship to all staff members both individually and within HPC interdisciplinary teams
- Seeks consultation as appropriate
- Participates in the development and ongoing improvement of agency programs and services
- Participates in agency committees as needed
- Shares in office coverage responsibilities
- Shares information about children/youth mental health issues/agency services when invited to public events.
- Provides support and/or direct supervision to students on field practicum placements as qualified
- Complies with report/documentation expectations of the Centre
- Participates in Centre evaluation practices
- Participates in Ministry/Agency monitoring, as required
- Participates in appropriate professional development
- Complies with the Centre's Occupational Health and Safety policies and procedures
- All other duties as assigned

### **What We're Looking For:**

- Masters degree (desired) in an appropriate area for clinical work with children, adolescents and families/experience in a related setting
- Membership in one of the approved colleges for the regulation of the controlled act of Psychotherapy
- Ability to manage competing priorities
- Working knowledge of Microsoft Windows and Office applications
- Experience with an electronic data system and record keeping
- Strong communication skills-interpersonal, oral and written
- Valid driver's license and access to a vehicle including adequate insurance
- Respect for all aspects of confidentiality

### **Anything Else You Should Know?**

- Up to 35 hours per week, contract position
- Competitive compensation package
- Flexible work environment, including work from home options and flex time
- Generous vacation package, starting at 20 days vacation per year (pro rated per FTE)
- Generous sick leave policy with accrual of 1.5 sick days per month (pro rated per FTE)
- Opportunities for professional growth, development, and greater responsibility, including an annual professional development allotment
- Travel may be required across offices

- There may be times when this role is required to work in excess of the normal workweek to meet administrative responsibilities.

**Hourly Rate: \$33.05-40.31**

**This is a standing posting, and resumes will be held for a period of 3 months for interview consideration.**

**Please email your expression of interest, resume, and proof of qualifications to [careers@hpcentre.on.ca](mailto:careers@hpcentre.on.ca)**

Huron-Perth Centre values diversity and inclusion in our workforce and our services. We believe that diverse perspectives and backgrounds enrich our performance, our communities, and our employees' lives. If you need any accommodation during the recruitment process, please contact ([careers@hpcentre.on.ca](mailto:careers@hpcentre.on.ca)) We appreciate the interest of all applicants, but only those selected for an interview will be contacted.