



Jessica D'Arcey, President - Jess is passionate about children's mental health and early intervention for youth and families to support wellness and recovery. She grew up in Fordwich, and attended Listowel District Secondary School (LDSS). In her youth, she struggled to find resources for her own mental health and has dedicated herself to help improve access and engagement in care for young people. Jess has always been struck by the difficulty in navigating the mental health system, let alone trying to recognize early warning signs. To this end, she felt the Huron-Perth Centre was an excellent centre to support in their efforts to provide much needed care to young people in the area. Since, graduating from LDSS, Jess has moved to Toronto to complete a HBSc in Mental Health Studies, and an MSc in mental health medical research from the University of Toronto. She is currently a graduate student in the Clinical Psychology program at UofT in her pursuit to become a psychologist. Despite being away for many years, Jess is consistently pulled back to her rural roots and hopes to continue to support mental health in Huron and Perth counties for years to come.