

CENTRE PROFILE

NAME OF CENTRE: *Huron-Perth Centre for Children and Youth*

APPROXIMATE ANNUAL BUDGET: **\$2,250,809 plus special projects**

\$1,188,969 - Children's Mental Health Outpatient services & Clinical Supports Intervention Team "CSI" (Ministry of Children & Youth Services -MCYS)
\$68,675- Section 23 Day treatment -(MCYS) plus \$47,774 partnership funds from Huron-Perth CAS
\$81,588 - Crisis Response (MCYS)
\$180,383 - Birth to 6 (MCYS)
\$87,611 – Community Capacity Bldg for Treatment Fostercare plus \$ 54,000 partnership funds from Huron-Perth CAS
\$10,000 - Telepsychiatry

Subtotal CMH **\$1,617,226**

\$85,000 – YJ Prevention in Schools plus \$57,000 partnership funds from school board
\$56,553 - Diversion Program EJM (MCYS-Youth Justice)
\$70,000 – Youth Justice Committee Perth Program (Ministry of Attorney General)
\$128,770 - YJ Mental Health – for Dedicated to Probation Team
\$90,065 – YJ Community Support – for Dedicated to Probation Team

Sub-total YJ Services \$ 430,388

Subtotal All Children's Service **\$2,047,614**
AND

\$68,753 - Violence Against Women Services - outreach, support and counselling (Ministry of Community and Social Services -MCSS)
\$65,536 - Employee Assistance Program (fee for service)
\$68,906- Group Delta (pending all sources are confirmed- Ministry of Attorney General -MAG, fees)

Subtotal all Adult Services \$203,195

NUMBER OF STAFF:

- *General CMH Outpatient* 8.5 FTEs (21 direct service staff)
- *Birth -6 Team* 2.6 FTEs (4 direct service staff)
- *Crisis Response* 1.3 FTEs (1 designated staff with rest of Role distributed across the team)
- *Clinical Supports Intervention* 3.2 FTEs (10 direct service staff)
- *Section 23* 2 FTEs (2 direct service staff)
- *YJ Prevention in Schools* 2.6 FTEs (3 direct service staff)
- *YJ Diversion Program* 1 FTE (current jobshare)
- *YJ Mental Health* 1.2 FTE (2 direct service)
- *Adult Services* 1.8 FTEs (primarily 6 staff)

- *Administrative Support Staff* 3.8 FTEs (5 staff plus 4 evening reception)
- *Management Staff* 3.8 FTEs (7 staff with management roles including CEO)

NUMBER OF CLIENTS SERVED PER YEAR:

Huron-Perth Centre... overview of services

www.hpcentre.on.ca

Our primary focus and set of services relate to **“Children’s Mental Health”** – a broad range of concerns from parenting, discipline, attachment, family disruption, psychological trauma, anxiety, depression, and acting out behaviour like aggression, opposition to authority and defiance.



“Sometimes you can’t make it on your own”...that’s when the Huron-Perth Centre may be able to help...

CLINTON 482-3931
STRATFORD 273-3373
LISTOWEL 291-1088

CHILDREN’S MENTAL HEALTH...

- **General Outpatient (C &FI)** – our biggest service and the one with the waiting list... 960
- **Clinical Supports Intervention (CSI)** – our newest service intended to reach higher needs children and youth struggling in schools and involved in several systems 110
- **Crisis Response** – 24/7 response to serious mental health crises – self harm/threatening/psychosis in partnership with Crisis Program 90
- **Birth-6 including BGHP Regional Team** – more intensive services for high needs young children and their families in partnership with Keystone Child and Family Services 30
- **Intensive Family Intervention (Section 23)** – located at Anne Hathaway and Clinton PS, offering a small learning environment with 1-1 support/intervention 35
- **NEW! Telepsychiatry**...access to child psychiatrists for individual assessments and program consultations 50
- Various small pots of \$\$ for tools, one time projects...

YOUTH JUSTICE SERVICES...

- **NEW! Early Intervention & Prevention Service** – school-based intervention commencing January 2007 200
- **Diversion program** – Extra judicial measures (referrals from police) in lieu of charges for offence-specific behaviour (Perth only) 95
- **2 NEW! Youth Justice Services to Youth on Probation** – mental health services and 1-1 support (Community Support) 65/30
- **NEW Youth Justice Committee-Perth** – referrals for restorative justice conferencing through Crown Attorney TBD

VIOLENCE AGAINST WOMEN SERVICES...

- **Renascence** – supportive counselling for women affected by all forms of abuse 105
- **Group Delta** – men’s treatment group for abusive behaviour; holds men accountable through partner contacts/contact with court system 75

EMPLOYEE ASSISTANCE PROGRAMS

- Purchase of service to businesses and organizations interested in providing their employees with counseling as a benefit 150

NAME, TYPE AND LOCATION OF PROGRAMS/OFFICES:

All Offices are called "Huron-Perth Centre" but are denoted for their geographic locations: Clinton or Huron Office, Stratford Office, Listowel Office. In addition to office locations there are two program locations for the Section 23 Programs – Anne Hathaway P.S. (class fondly referred to as the KAT Class) and Clinton P.S. Several services offer alternative locations for service including: Clinical Supports Intervention, Crisis Response, Birth-6 and YJ Services.

Clinton Office - all CMH services, YJ Services as of 2007 except YJ Diversion and YJC Perth; VAW Renaissance Program, Group Delta and EAP with access to Section 23 Day Treatment Classroom in Clinton P.S. Located in the heart of Huron, approximately 40 minutes from Stratford, road closures in winter are frequent

Stratford Office - all CMH services, all YJ Services, and EAP with access to Section 23 day Treatment Classroom "KAT" in Anne Hathaway P.S.

Listowel Office - all CMH Services, all YJ Services and EAP as needed 4 days/week; located approximately 45 minutes north west of Stratford, road closures in winter are frequent.

Currently the Board of Directors is scheduled to meet Thursday, November 25, 2010 in Clinton; this could be changed pending weather.

FEATURES OF THE COMMUNITY:

The Centre serves three distinctly varied communities:

Huron County - exclusively rural, mainly farming, small business, scattered small towns with the largest being Goderich with a population of 10,000; no public transportation, minimal public housing and a higher % of families living below the poverty line. Affected by 2008 economic crisis; less access to other important social and health services; The Centre is centrally located so that no single town is significantly disadvantaged in attending at the Centre. Higher demand on Client Accessibility Fund.

Stratford & South Perth - a mix of rural, farming and diversified economic base in Stratford including industrial, manufacturing, various professional services and skilled trades/business as well as a booming arts community and tourism; Stratford has a population of 36,000 with two other neighbouring smaller towns of St. Marys and Mitchell; standard of living is higher for many with pockets of families living below the poverty line; public transportation is available to a large percentage of the population living in Stratford. The Centre is located on bus routes adjacent to a main road through the city.

Listowel & North Perth - primarily rural, farming with some industry; affected by economic crisis; Mennonite culture is more dominant. The Centre is located in Listowel within walking distance of the downtown and adjacent to the library.

Both Huron and Perth counties are unique in that as per census data the counties are considered the most homogeneous in the province with almost exclusively English speaking population. Both counties are affected by the recent announcement of the

local CAS to close its doors by December 15, 2010 if the province does not provide more funding. A significant number of clients are cross-over children and youth, receiving service from both children's mental health/youth justice and child welfare.

CRITICAL ISSUES:

From Strategic Plan 2008-2011

KEY AREAS & RESULTS

RESOURCES... *adequate space, organizational structure, priority setting processes, maximize resources opportunities, contributions to the transformation of a "systems of care" for kids*

CONTINUED EXCELLENCE... *ensuring efforts meet needs of client base and consistent with mandate and philosophy, use of data and knowledge for continuous improvement and best practices, support knowledge transfer and learning in the field consistent with professional and accreditation standards*

CARE OF STAFF & VOLUNTEERS...*improved compensation and continued recognition/appreciation, healthy workplace and mechanisms to monitor workloads for all, strengthened supports to staff to manage the work, self care as priority*

CONTINUUM OF CLIENT CARE...*reduced/strengthened management of waiting list, expansion of service continuum of options to clients consistent with mission & philosophy, healthy partnerships that meet client needs*

STRENGTHENED ACCOUNTABILITY MEASURES...*broadened vision for enhanced accountability practices that result in strengthened risk management, demonstrated value for money measures, meaningful measures of service outcomes and adequate levels of support to all staff*

- *Funding Issues – rising costs and means to manage them are maxed out; management structure is not optimum for number of staff and programs; need for new location for Stratford Office; \$100,000 funding from H-PCAS is at risk*
- *Child Welfare Unrest and impact on sector at local, regional and provincial levels*
- *Future of CMH within the broader health sector*

Key Messages...

- *One in five kids age 3 – 17 has mental health issues*
- *Suicide is the leading cause of non-accidental deaths in 10 to 19 year olds.*
- *Treating a child today ensures he will be healthy, productive and here tomorrow; Investing in mental health builds better futures for children and families; Early identification and treatment makes the difference in children's mental health.*