

# Music and Art for Mental Health

**Children's Mental Health Week May 3rd - May 7th**

Huron-Perth Centre is inviting YOU to our virtual music and art for mental health week long event! Any

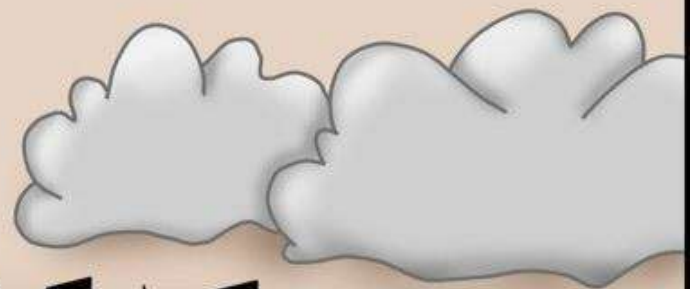
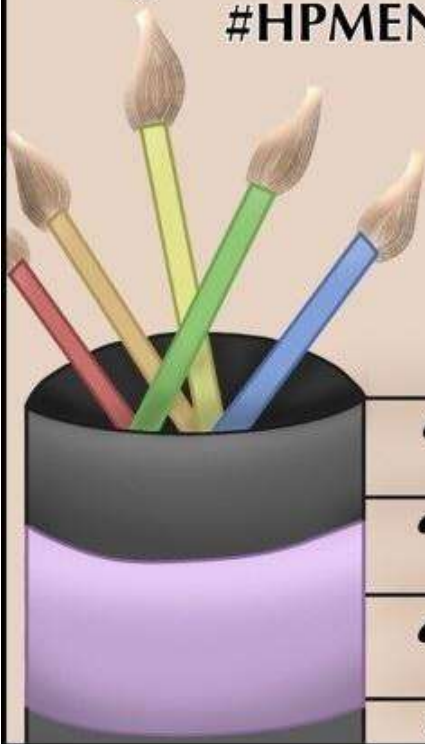
Art of any form is welcome!

**Submissions due by Friday April 30th**

Want to participate? Here is how!

\*E-mail submissions to:  
[musicandart4mh@gmail.com](mailto:musicandart4mh@gmail.com)

\*Tag us on Facebook or Instagram using the hashtags  
**#HPMENTALHEALTH** and **#M&A4MH**





## MUSIC & ART FOR MENTAL HEALTH PARTICIPATION FORM

Children's Mental Health Week is happening May 3<sup>rd</sup> - 7<sup>th</sup>, 2021. This is an important week where we are able to bring awareness to the prevalence of children's mental health issues.

Posts will be distributed for the purposes of spreading awareness and shining a spot light on children's mental health for children's mental health week 2021 using HPC's social media accounts (Facebook, Twitter, and Instagram) and will tag the creator in the post of a handle is provided. Participation does not result in HPC ownership of submissions and posts will not be shared for reasons outside of children's mental health week without additional consent to do so.

If your child is under the age of 16, please complete the waiver below.

- I agree that my child/youth's art be shared on the social media outlets as listed below
- I agree that my child/youth's name be included on the social media outlets as listed below

### Contact Information:

Name of Child/Youth: \_\_\_\_\_ Parent Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_ E-Mail: \_\_\_\_\_

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If you want to be tagged on your social media platforms, provide your handles here:

Facebook: \_\_\_\_\_ Twitter: \_\_\_\_\_

Instagram: \_\_\_\_\_

Submissions will be shared on our Facebook, Twitter and Instagram Page between May 3<sup>rd</sup> - 7<sup>th</sup>, 2021. Your efforts along with our community awareness campaign are intended to increase awareness of the mental health needs of children & youth in our communities.

Huron-Perth Centre's Social Media:

Facebook: @newhorizons.huronperthcentre.newmentality

Instagram: @hpc.newhorizons

Twitter: @hpcentre

**Tag us on Facebook or Instagram using the hashtags #HPMENTALHEALTH and #M&A4MH**